

September 2008 Menu



Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
<p>Closed</p> <p>Labor Day</p> <p>See you Tuesday!!!</p>	<p>Breakfast cereal, grapes, milk</p> <p>Lunch BBQ pork chops, bread slice, mash potatoes, apples, milk</p> <p>Snack <i>Cooking Activity</i>-Letter L-Looney Lion's Lemonade, Ladybugs on a Log</p>	<p>Breakfast French toast sticks, mandarin oranges, milk</p> <p>Lunch beef spaghetti, carrots sticks, strawberries, milk</p> <p>Snack goldfish crackers, apples <i>(Savannah's Day)</i></p>	<p>Breakfast toast, mandarin oranges, milk</p> <p>Lunch chicken & dumplings, peas, peaches, milk</p> <p>Snack <i>Cooking Activity</i>-Face Cookies, milk</p>	<p>Breakfast blueberry pancakes, peaches, milk</p> <p>Lunch beef stroganoff, carrots, oranges, milk</p> <p>Snack graham crackers, milk <i>(Paul's Day)</i></p>
Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
<p>Breakfast cereal, bananas, milk</p> <p>Lunch Chicken & rice, green beans, apples, milk</p> <p>Snack bagel, grapes</p>	<p>Breakfast pancakes, grapes, milk</p> <p>Lunch beef pizza, corn, apples, mandarin oranges, milk</p> <p>Snack graham crackers, apples <i>(Sierra's Day)</i></p>	<p>Breakfast bagel, cantaloupe, milk</p> <p>Lunch HM chicken nugget, bread slice, French fries, grapes, milk</p> <p>Snack <i>Cooking Activity</i>-Friendship Mix, milk</p>	<p>Breakfast waffles, strawberries, milk</p> <p>Lunch beef spaghetti, carrots, cantaloupe, milk</p> <p>Snack ramen noodles, milk <i>(Isabelle's Day)</i></p>	<p>Breakfast cereal, apples, milk</p> <p>Lunch chicken tacos, tator tots, strawberries, milk</p> <p>Snack <i>Cooking Activity</i>-Letter F-Friendly Frog's Fantastic Flapjacks</p>



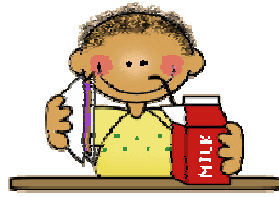


September 2008 Menu



Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
<p>Breakfast toast, peaches, milk</p> <p>Lunch beef enchiladas casserole, corn, apples, milk</p> <p>Snack <i>Cooking Activity-</i> chocolate chip cookies, milk</p>	<p>Breakfast English muffin, bananas, milk</p> <p>Lunch chicken fried rice, peas, cantaloupe, milk</p> <p>Snack strawberry yogurt pops</p>	<p>Breakfast cinnamon rolls, cantaloupe, milk</p> <p>Lunch grilled cheese burgers on a bun, green beans, peaches, milk</p> <p>Snack cheese stick, applesauce</p>	<p>Breakfast pancakes, strawberries, milk</p> <p>Lunch turkey & noodle bake mixed veggies, bananas, milk</p> <p>Snack <i>Cooking Activity-</i>Letter E-Enor Elephant's Easy Eggs, milk</p>	<p>Breakfast cereal, apples, milk</p> <p>Lunch tantalizing meatloaf, bread slice, carrot sticks, applesauce, milk</p> <p>Snack monkey bread, peaches</p>
Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
<p>Breakfast cereal, grapes, milk</p> <p>Lunch egg & cheese omelet, toast, tator crowns, bananas, milk</p> <p>Snack breadsticks, mandarin oranges</p>	<p>Breakfast waffles, peaches, milk</p> <p>Lunch baked chicken, cheesy noodles, green beans, grapes, milk</p> <p>Snack <i>Cooking Activity-</i> Lemon Angel Bars, milk</p>	<p>Breakfast cereal, bananas, milk</p> <p>Lunch beef spaghetti bake, mixed veggies, mandarin oranges, milk</p> <p>Snack <i>Cooking Activity-</i>Fruit Salad, milk</p>	<p>Breakfast croissants, mandarin oranges, milk</p> <p>Lunch Chicken Taquitos, corn, strawberries, milk</p> <p>Snack <i>Cooking Activity-</i> English Muffin Pizza</p>	<p>Breakfast cereal, mandarin oranges, milk</p> <p>Lunch sloppy Joes on a bun, French fries, peaches, milk</p> <p>Snack blackberry muffins, milk</p>





September 2008 Menu



<i>Monday 29</i>	<i>Tuesday 30</i>
Breakfast pancakes, peaches, milk	Breakfast toast, mandarin oranges, milk
Lunch light teriyaki chicken, bread slice, corn, mandarin oranges, milk	Lunch beef & cheese pocket sandwich, carrot sticks, peaches, milk
Snack animal crackers, apples	Snack <i>Cooking Activity</i> -Letter H-Happy Hippo's Homemade Hermits, milk

During track break, the school age children have chosen their favorite meals and will help prepare, cook & serve the meals to the children in attendance.

Cooking Activities-The cooking center is a fun learning center the children will participate in two to three times a week preparing a variety of meals to enjoy. These cooking activities are based on our current letter we are working on as well as the themes such as all about me and friendship.

What is my child learning while cooking? Visit the websites below to learn more.

<http://betterkidcare.psu.edu/AngelUnits/OneHour/Cooking/CookingLessonA.html>

<http://www.wholefamily.com/aboutyourkids/child/baking.html>

