

September Menu

Day 1 (3)	Day 2 (4)	Day 3 (5)
Labor Day Debs Child Care Closed	<u>Breakfast</u> cereal, bananas, milk <u>Lunch</u> beef spaghetti, peas, grapes, milk <u>Snack</u> bagel, milk	<u>Breakfast</u> muffin, grapes, milk <u>Lunch</u> HM crock pot mac & cheese, carrots, bananas, milk <u>Snack</u> English muffin, apples
Day 4 (6)	Day 5 (7)	Day 6 (10)
<u>Breakfast</u> toast, pineapple, milk <u>Lunch</u> chicken sandwich, green beans, applesauce, milk <u>Snack</u> apples, milk (we will be tasting a variety of different apples)	<u>Breakfast</u> cereal, apples, milk <u>Lunch</u> smokies, biscuit, corn, pineapple, milk <u>Snack</u> croissant, applesauce	<u>Breakfast</u> English muffin, applesauce, milk <u>Lunch</u> chicken & rice, peas, pineapple, milk <u>Snack</u> Colby cheese cubes, apples
Day 7 (11)	Day 8 (12)	Day 9 (13)
<u>Breakfast</u> cereal, grapes, milk <u>Lunch</u> beef & noodle bake, green beans, mandarin oranges, milk <u>Snack</u> yogurt, crackers	<u>Breakfast</u> French toast sticks, mandarin oranges, milk <u>Lunch</u> baked pork chops, noodles, carrots, grapes, milk <u>Snack</u> cereal, milk	<u>Breakfast</u> pancakes, pineapple, milk <u>Lunch</u> chicken nuggets, French fries, mixed fruit, milk <u>Snack</u> cinnamon tortillas, milk
Day 10 (14)	Day 11 (17)	Day 12 (18)
<u>Breakfast</u> bagel, mixed fruit, milk <u>Lunch</u> cheese pizza, corn, grapes, milk <u>Snack</u> English muffin, HM applesauce	<u>Breakfast</u> biscuit, apples, milk <u>Lunch</u> beef stroganoff, green beans, peaches, milk <u>Snack</u> muffin, milk	<u>Breakfast</u> cereal, peaches, milk <u>Lunch</u> sweet & sour pork meatballs, noodles, carrots & peas, banana, milk <u>Snack</u> kids pizza, water



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Day 13 (19)	Day 14 (20)	Day 15 (21)
<p><u>Breakfast</u> French toast, bananas, milk</p> <p><u>Lunch</u> chicken fried rice, peas, pears, milk</p> <p><u>Snack</u> breadsticks, milk</p>	<p><u>Breakfast</u> English muffin, pears, milk</p> <p><u>Lunch</u> fish sticks, bread slice, tater tots, apples, milk</p> <p><u>Snack</u> chocolate chip cookies, milk</p>	<p><u>Breakfast</u> hoe cakes, apples, milk</p> <p><u>Lunch</u> baked chicken bites, croissant, corn, peaches, milk</p> <p><u>Snack</u> Dinosaur Food-meat eaters (hot dogs/lunch meat) Plant eaters-carrots, celery, grapes, bananas)</p>
Day 16 (24)	Day 17 (25)	Day 18 (26)
<p><u>Breakfast</u> muffin, apples, milk</p> <p><u>Lunch</u> beef fried rice, corn, mandarin oranges, milk</p> <p><u>Snack</u> tater tots, milk</p>	<p><u>Breakfast</u> waffles, mandarin oranges, milk</p> <p><u>Lunch</u> beef bake ziti, green beans, apples, milk</p> <p><u>Snack</u> croissant, bananas</p>	<p><u>Breakfast</u> toast, bananas, milk</p> <p><u>Lunch</u> chicken ramen, peas & carrots, applesauce, milk</p> <p><u>Snack</u> Mini apple pies, milk</p>
Day 19 (27)	Day 20 (28)	
<p><u>Breakfast</u> cereal, pineapple, milk</p> <p><u>Lunch</u> chicken nuggets, English muffin, tater tots, bananas, milk</p> <p><u>Snack</u> toast, apples</p>	<p><u>Breakfast</u> pancakes, applesauce, milk</p> <p><u>Lunch</u> pork stroganoff, corn, pineapple, milk</p> <p><u>Snack</u> dinosaur bones, milk (soft pretzels)</p>	