


October Menu

Day 1 (1)	Day 2 (2)	Day 3 (3)
<p><u>Breakfast</u> waffles, bananas, milk</p> <p><u>Lunch</u> baked chicken, bread slice, peas, cantaloupe, milk</p> <p><u>Snack</u> graham crackers, milk</p>	<p><u>Breakfast</u> toast, cantaloupe, milk</p> <p><u>Lunch</u> beef tacos, corn, grapes, milk</p> <p><u>Snack</u> cheese stick, peaches</p>	<p><u>Breakfast</u> cereal, peaches, milk</p> <p><u>Lunch</u> chicken fettuccine Alfredo, green beans, bananas, milk</p> <p><u>Snack</u> toast, pineapple</p>
Day 4 (4)	Day 5 (5)	Day 6 (8)
<p><u>Breakfast</u> pancakes, pineapple, milk</p> <p><u>Lunch</u> beef hot dog, macaroni & cheese, mixed veggies, cantaloupe, milk</p> <p><u>Snack</u> cookies & ice cream mice, milk (vanilla wafers & ice cream)</p>	<p><u>Breakfast</u> cereal, grapes, milk</p> <p><u>Lunch</u> pork fried rice, peas & carrots, pineapple, milk</p> <p><u>Snack</u> bird's nest, milk (rice krispies, M&M's treats)</p>	 Columbus Day
Day 7 (9)	Day 8 (10)	Day 9 (11)
<p><u>Breakfast</u> French toast, bananas, milk</p> <p><u>Lunch</u> bake chicken bites, white cheddar shells, corn, pineapple, milk</p> <p><u>Snack</u> ocean blue milkshakes w/fish (goldfish, ice cream, milk)</p>	<p><u>Breakfast</u> English muffin, mixed fruit, milk</p> <p><u>Lunch</u> beef lasagna, peas & carrots, bananas, milk</p> <p><u>Snack</u> monkey bread, milk (biscuits w/cinnamon sugar)</p>	<p><u>Breakfast</u> cereal, apples, milk</p> <p><u>Lunch</u> baked pork chop bites, bread slice, mash potatoes, grapes, milk</p> <p><u>Snack</u> pizza bread sticks</p>
Day 10 (12)	Day 11 (15)	Day 12 (16)
<p><u>Breakfast</u> Hoe cakes, pineapple, milk</p> <p><u>Lunch</u> chicken nuggets, toast, tater tots, apples, milk</p> <p><u>Snack</u> cheese stick, grapes</p>	<p><u>Breakfast</u> cereal, pears, milk</p> <p><u>Lunch</u> grilled cheese sandwich, carrots, apples, milk</p> <p><u>Snack</u> goldfish crackers, milk</p>	<p><u>Breakfast</u> English muffins, apples, milk</p> <p><u>Lunch</u> fish sticks, croissant, corn, mix fruit, milk</p> <p><u>Snack</u> Dirt, milk (graham crackers, chocolate pudding, gummy bears)</p>



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Day 13 (17)	Day 14 (18)	Day 15 (19)
<p><u>Breakfast</u> cereal, bananas, milk</p> <p><u>Lunch</u> beef smokies, toast, peas, applesauce, milk</p> <p><u>Snack</u> bagel with cheese</p>	<p><u>Breakfast</u> French toast sticks, applesauce, milk</p> <p><u>Lunch</u> beef tacos, green beans, apples, milk</p> <p><u>Snack</u> toast, milk</p>	<p><u>Breakfast</u> waffles, apples, milk</p> <p><u>Lunch</u> chicken fried rice, peas, pineapple, milk</p> <p><u>Snack</u> cinnamon sugar HM tortilla chips, milk</p>
Day 16 (22)	Day 17 (23)	Day 18 (24)
<p><u>Breakfast</u> toast, mixed fruit, milk</p> <p><u>Lunch</u> fish sticks, bread slice, peas, peaches, milk</p> <p><u>Snack</u> cottage cheese, grapes</p>	<p><u>Breakfast</u> cereal, apples, milk</p> <p><u>Lunch</u> beef tacos, corn, mixed fruit, milk</p> <p><u>Snack</u> Monster toast, milk (painted monster w/food coloring)</p>	<p><u>Breakfast</u> French toast sticks, grapes, milk</p> <p><u>Lunch</u> chicken sandwich, green beans, peaches, milk</p> <p><u>Snack</u> animal crackers, milk</p>
Day 19 (25)	Day 20 (26)	Day 21 (29)
<p><u>Breakfast</u> muffin, apple, milk</p> <p><u>Lunch</u> Beef & bean burrito, grapes, milk</p> <p><u>Snack</u> macaroni & cheese, milk</p>	<p><u>Breakfast</u> toast, bananas, milk</p> <p><u>Lunch</u> chicken nuggets, bread, peas, applesauce, milk</p> <p><u>Snack</u> pumpkin sugar cookies, milk</p>	<p><u>Breakfast</u> waffles, grapes, milk</p> <p><u>Lunch</u> grilled cheese sandwich, applesauce bananas, milk</p> <p><u>Snack</u> HM banana bread, milk</p>
Day 22 (30)	Day 23 (31)	
<p><u>Breakfast</u> cereal, bananas, milk</p> <p><u>Lunch</u> beef macaroni, green beans, pears, milk</p> <p><u>Snack</u> cupcakes w/candy corn, milk</p>	<p><u>Breakfast</u> English muffin, applesauce, milk</p> <p><u>Lunch</u> Pizza (order in)</p> <p><u>Snack</u> Halloween Party Treats!!!!</p>	