



November Menu





Day 1 (1)	Day 2 (2)	Day 3 (5)
<p><u>Breakfast</u> hoe cakes, applesauce, milk</p> <p><u>Lunch</u> chicken fried rice, peas, grapes, milk</p> <p><u>Snack</u> apples, milk</p>	<p><u>Breakfast</u> biscuits, mixed fruit, milk</p> <p><u>Lunch</u> fish sticks, bread, corn, applesauce, milk</p> <p><u>Snack</u> Traffic Light Cookies (graham cracker w/gummy savers) milk</p>	<p><u>Breakfast</u> cereal, bananas, milk</p> <p><u>Lunch</u> chicken fettuccini, green beans, grapes, milk</p> <p><u>Snack</u> cheese stick, pineapple</p>
Day 4 (6)	Day 5 (7)	Day 6 (8)
<p><u>Breakfast</u> bagel, pears, milk</p> <p><u>Lunch</u> corndog, mix veggies, bananas, milk</p> <p><u>Snack</u> cinnamon tortilla, milk</p>	<p><u>Breakfast</u> cereal, grapes, milk</p> <p><u>Lunch</u> HM chicken nuggets, croissant, peas, pears, milk</p> <p><u>Snack</u> Semi Trucks (graham cracker & banana slices)</p>	<p><u>Breakfast</u> waffles, pineapple, milk</p> <p><u>Lunch</u> beef macaroni, corn, apples, milk</p> <p><u>Snack</u> soft bread sticks, grapes</p>
Day 7 (9)	Day 8 (12)	Day 9 (13)
<p><u>Breakfast</u> croissant, apples, milk</p> <p><u>Lunch</u> pork fried rice, green beans, pineapples, milk</p> <p><u>Snack</u> Homemade butter and biscuits, milk</p>	 <p>Veteran's Day</p>	<p><u>Breakfast</u> toast, mixed fruit, milk</p> <p><u>Lunch</u> sloppy Joes, peas, peaches, milk</p> <p><u>Snack</u> animal crackers, yogurt</p>
Day 10 (14)	Day 11 (15)	Day 12 (16)
<p><u>Breakfast</u> pancakes, bananas, milk</p> <p><u>Lunch</u> chicken creamy noodles, broccoli, applesauce, milk</p> <p><u>Snack</u> Turkey Sugar Cookies, milk</p>	<p><u>Breakfast</u> English muffin, peaches, milk</p> <p><u>Lunch</u> spaghetti mac, green beans, bananas, milk</p> <p><u>Snack</u> Cinnamon Bear Toast, grapes</p>	<p><u>Breakfast</u> blueberry muffin, applesauce, milk</p> <p><u>Lunch</u> pork meatloaf, bread, corn, peaches, milk</p> <p><u>Snack</u> toast, bananas</p>





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Day 13 (19)	Day 14 (20)	Day 15 (21)
<p><u>Breakfast</u> English muffin, pears, milk</p> <p><u>Lunch</u> HM crunch chicken strips, noodles, peas, apples, milk</p> <p><u>Snack</u> cheese tortilla</p>	<p><u>Breakfast</u> pancakes, apples, milk</p> <p><u>Lunch</u> corndog, green beans, pears, milk</p> <p><u>Snack</u> cereal, milk</p>	
Day 16 (22)	Day 17 (23)	Day 18 (26)
 <p>Happy Thanksgiving</p>	 <p>Happy Shopping!!!</p>	<p><u>Breakfast</u> French toast sticks, peaches, milk</p> <p><u>Lunch</u> ham & cheese croissant sandwich, peas, mixed fruit, milk</p> <p><u>Snack</u> goldfish crackers, bananas</p>
Day 19 (27)	Day 20 (28)	Day 21 (29)
<p><u>Breakfast</u> cereal, bananas, milk</p> <p><u>Lunch</u> beef spaghetti, green beans, peaches, milk</p> <p><u>Snack</u> yogurt, toast</p>	<p><u>Breakfast</u> mixed berry muffin, applesauce, milk</p> <p><u>Lunch</u> chicken sandwich, broccoli, bananas, milk</p> <p><u>Snack</u> cereal, milk</p>	<p><u>Breakfast</u> waffles, pears, milk</p> <p><u>Lunch</u> beef fried rice, corn, applesauce, milk</p> <p><u>Snack</u> Banana boat, milk</p>
Day 22 (30)		
<p><u>Breakfast</u> toast, mixed fruit, milk</p> <p><u>Lunch</u> baked chicken bites, biscuits, mixed veggies, pears, milk</p> <p><u>Snack</u> cheese stick, applesauce</p>	