



March Menu



Day 1 (1)	Day 2 (2)	Day 3 (5)
Breakfast Cereal, cantaloupe, milk Lunch Beef Spaghetti Macaroni, green beans, peaches, milk P.M. Snack Cheese stick, apples	Breakfast Toast, peaches, milk Lunch Pigs in a Blanket, carrots, pineapples, milk P.M. Snack Macaroni & cheese, milk	Breakfast Bagel, pineapple, milk Lunch Green Eggs & Ham, toast, tater crowns, peaches, milk P.M. Snack Grapes, crackers
Day 4 (6)	Day 5 (7)	Day 6 (8)
Breakfast English muffin, applesauce, milk Lunch Beef soft Burrito, corn, grapes, milk P.M. Snack Toast, bananas	Breakfast Cereal, grapes, milk Lunch Sloppy Joes on a Bun, green beans, applesauce, milk P.M. Snack Jell-o in a Cloud, animal crackers, milk	Breakfast Muffin, bananas, milk Lunch Chicken Fettuccine Alfredo, peas, grapes, milk P.M. Snack Tortilla, yogurt
Day 7 (9)	Day 8 (12)	Day 9 (13)
Breakfast Cereal, oranges, milk Lunch Teriyaki Chicken, croissants, peas & carrots, grapes, milk P.M. Snack Marshmallow Snowman	Breakfast Croissants, apples, milk Lunch Baked Pork Chops, noodles, mixed veggies oranges, milk P.M. Snack Bagel, Colby cheese slice	Breakfast Pancakes, mixed fruit, milk Lunch Pork Fried Rice, peas, apples, milk P.M. Snack Soft bread stick, 100% juice

Muffins served-strawberry, raspberry, corn, blueberry, apple cinnamon, bran, mixed berry

Rice Cakes served-caramel

Cereals served-Rice Krispies, Corn Flakes, Kix, Rice Chex, Corn Chex

Noodles served-macaroni & cheese, shells & white cheddar, fettuccine alfredo, chicken & broccoli

Granola bars served-Quaker soft granola bars

Cheese sticks served-mozzarella, cheddar, swirled

Yogurt served-Yoplait yogurt-flavors vary

Juice served-always 100%-orange juice, apple juice, grape juice

Recipe sources: <http://www.recipezaar.com/> <http://www.bhg.com/recipe/>

Water is served throughout the day and upon request

Meal may be substituted with something different depending on availability of food when shopping or cooking project

Menu will be posted weekly near children's trays



March Menu



Day 10 (14)	Day 11 (15)	Day 12 (16)
Breakfast Biscuit, peaches, milk Lunch Crunchy Chicken Strips, English muffin, carrots, tater crowns, milk P.M. Snack Umbrellas	Breakfast Tortilla, tater crowns, milk Lunch Beef Smokies, toast, hash browns, peaches, milk P.M. Snack Sunny Salad	Breakfast Bagel, apples, milk Lunch Pizza (we will order in on this day) P.M. Snack Edible Rainbows
Day 13 (19)	Day 14 (20)	Day 15 (21)
Breakfast Cereal, cantaloupe, milk Lunch Chicken tacos, mixed veggies, mixed fruit, milk P.M. Snack Apples, milk	Breakfast pancakes, apples, milk Lunch Beef fried rice, peas, cantaloupe, milk P.M. Snack Waffles, milk	Breakfast French toast sticks, cantaloupe, milk Lunch Fish Sticks, bread slice, French fries, apples, milk P.M. Snack Bear Biscuits
Day 16 (22)	Day 17 (23)	
Breakfast Biscuit, grapes, milk Lunch Baked Pork Chops, corn muffin, corn, pears, milk P.M. Snack Gummy Bears, animal crackers, milk	Breakfast Muffin, pears, milk Lunch Beef Italian Bake Ziti Casserole, peas, grapes, milk P.M. Snack Teddy Grahams, milk	See you all in April!! Have a beautiful Spring Break!!!

Muffins served-strawberry, raspberry, corn, blueberry, apple cinnamon, bran, mixed berry

Rice Cakes served-caramel

Cereals served-Rice Krispies, Corn Flakes, Kix, Rice Chex, Corn Chex

Noodles served-macaroni & cheese, shells & white cheddar, fettuccine alfredo, chicken & broccoli

Granola bars served-Quaker soft granola bars

Cheese sticks served-mozzarella, cheddar, swirled

Yogurt served-Yoplait yogurt-flavors vary

Juice served-always 100%-orange juice, apple juice, grape juice

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