

# July Menu



<b>Day 1 (2)</b>	<b>Day 2 (3)</b>	<b>Day 3 (4)</b>
Debs Child Care Close	Debs Child Care Close	Debs Child Care Close
<b>Day 4 (5)</b>	<b>Day 5 (6)</b>	<b>Day 6 (9)</b>
Debs Child Care Close	Debs Child Care Close	<b>Breakfast</b> Waffles, apples, milk <b>Lunch</b> Beef stroganoff, green beans, blueberries, milk <b>P.M. Snack</b> Toast, applesauce
<b>Day 7 (10)</b>	<b>Day 8 (11)</b>	<b>Day 9 (12)</b>
<b>Breakfast</b> Pancakes, applesauce, milk <b>Lunch</b> Breaded baked chicken, wheat bread slice, carrots, bananas, milk <b>P.M. Snack</b> Cereal, milk	<b>Breakfast</b> Toast, bananas, milk <b>Lunch</b> Beef smokies, croissant, tater crowns, cantaloupe, milk <b>P.M. Snack</b> Oatmeal cookies, milk	<b>Breakfast</b> Mixed berry muffins, cantaloupe, milk <b>Lunch</b> Pork fried rice, corn, apples, milk <b>P.M. Snack</b> English Muffin Pizza
<b>Day 10 (13)</b>	<b>Day 11 (16)</b>	<b>Day 12 (17)</b>
<b>Breakfast</b> Cereal, apples, milk <b>Lunch</b> Chicken pizza, mix veggies, applesauce, milk <b>P.M. Snack</b> Cheese stick, applesauce	<b>Breakfast</b> Cereal, grapes, milk <b>Lunch</b> Sausage gravy & biscuits, green beans, mixed fruit, milk <b>P.M. Snack</b> Blueberry muffin, milk	<b>Breakfast</b> French toast sticks, cantaloupe, milk <b>Lunch</b> Sloppy Joes on a bun, peas, bananas, milk <b>P.M. Snack</b> Cheese stick, grapes

Water is served throughout the day and upon request

Meal may be substituted with something different depending on availability of food when shopping or cooking project

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# July Menu



<b>Day 13 (18)</b>	<b>Day 14 (19)</b>	<b>Day 15 (20)</b>
<b>Breakfast</b> Croissants, bananas, milk <b>Lunch</b> Porcupine Meatballs, peas & carrots, peaches, milk <b>P.M. Snack</b> Animal crackers, cantaloupe	<b>Breakfast</b> Blueberry pancakes, mix fruit, milk <b>Lunch</b> Chicken tacos, tater crowns, grapes, milk <b>P.M. Snack</b> Cheese quesadillas	<b>Breakfast</b> Cereal, peaches, milk <b>Lunch</b> Sweet & sour pork meatballs over noodles, peas, cantaloupe milk <b>P.M. Snack</b> Banana bread milk
<b>Day 16 (23)</b>	<b>Day 17 (24)</b>	<b>Day 18 (25)</b>
<b>Breakfast</b> Hoe cakes, pears, milk <b>Lunch</b> Chicken Fettuccine, carrots, strawberries, milk <b>P.M. Snack</b> Elephant ears, milk	<b>Breakfast</b> Biscuits, pineapple, milk <b>Lunch</b> Hotdog, macaroni & cheese, green beans, pears, milk <b>P.M. Snack</b> English muffin pizza	<b>Breakfast</b> Cereal, bananas, milk <b>Lunch</b> Beef fried rice, corn, bananas, milk <b>P.M. Snack</b> Easy peach crisp, milk
<b>Day 19 (26)</b>	<b>Day 20 (27)</b>	<b>Day 21 (30)</b>
<b>Breakfast</b> Cinnamon roll, strawberries, milk <b>Lunch</b> Chicken parmesan over spaghetti noodles, pears, mix veggies, milk <b>P.M. Snack</b> Animal crackers, pineapple	<b>Breakfast</b> Toast, pineapple, milk <b>Lunch</b> Chili Mac, peas, pineapple, milk <b>P.M. Snack</b> Hoe cakes, milk	<b>Breakfast</b> English muffin, apples, milk <b>Lunch</b> Easy chicken with rice, broccoli, bananas, milk <b>P.M. Snack</b> Cottage cheese, strawberries
<b>Day 22 (31)</b>		
<b>Breakfast</b> cereal, bananas, milk <b>Lunch</b> Turkey Noodle Bake, strawberries, milk <b>P.M. Snack</b> Toast, peaches		

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