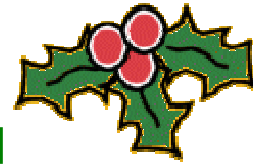


# December Menu



Day 1	Day 2 (4)	Day 3 (5)
<b>Breakfast</b> Cereal, peaches, milk <b>Lunch</b> Teriyaki Chicken, macaroni cheese, green beans, mixed fruit, milk <b>P.M. Snack</b> Goldfish crackers, cheese sticks	<b>Breakfast</b> Croissants, pineapple, milk <b>Lunch</b> Fish Sticks, bread slice, French fries, pears, milk <b>P.M. Snack</b> Soft bread stick, milk	<b>Breakfast</b> Muffin, bananas, milk <b>Lunch</b> Crunchy Chicken Nuggets, soft bread sticks, broccoli, apples, milk <b>P.M. Snack</b> Toast, applesauce
Day 4 (6)	Day 5 (7)	Day 6 (8)
<b>Breakfast</b> Toast, peaches, milk <b>Lunch</b> Sloppy Joes on a bun, mixed veggies, pineapple, milk <b>P.M. Snack</b> Muffin, milk	<b>Breakfast</b> Cereal, pineapple, milk <b>Lunch</b> Chicken & Rice, peas & carrots, peaches, milk <b>P.M. Snack</b> Macaroni & cheese, milk	<b>Breakfast</b> Pancakes, apples, milk <b>Lunch</b> Baked Pork Chops, noodles, mash potatoes, bananas, milk <b>P.M. Snack</b> Ritz crackers, Colby cheese slice
Day 7 (11)	Day 8 (12)	Day 9 (13)
<b>Breakfast</b> Tortilla, hash browns, milk <b>Lunch</b> Beef Spaghetti, corn, applesauce, milk <b>P.M. Snack</b> Biscuit, milk	<b>Breakfast</b> French toast, pears, milk <b>Lunch</b> Pork Chops & Potatoes, bread slice, oranges, milk <b>P.M. Snack</b> French fries, milk	<b>Breakfast</b> Bagel, oranges, milk <b>Lunch</b> Chicken Fried Rice, peas, pears, milk <b>P.M. Snack</b> Corn muffin, milk

Cereals served-Rice Krispies, Corn Flakes, Kix, Rice Chex, Corn Chex, Wheat Chex, Cheerios, Oatmeal

Cheese sticks served-mozzarella, cheddar, swirled

Yogurt served-Yoplait yogurt -flavors vary

Juice served-always 100%-orange juice, apple juice, grape juice

Recipe sources: <http://www.recipezaar.com/> <http://www.bhg.com/recipe/> <http://www.pammshouse.com/dcrecipes.html>

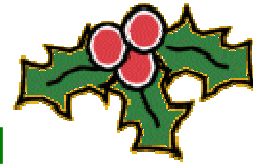
<http://stepbystepcc.com/menu2.html> [http://www.nal.usda.gov/childcare/Recipes/recipes\\_menus.html](http://www.nal.usda.gov/childcare/Recipes/recipes_menus.html)






Water is served throughout the day and upon request

Meal may be substituted with something different depending on availability of food when shopping or cooking project



# December Menu



Day 10 (14)	Day 11 (15)	Day 12 (18)
<b>Breakfast</b> Hoe Cakes, mixed fruit, milk <b>Lunch</b> Beef Spaghetti Macaroni, green beans, pears, milk <b>P.M. Snack</b> Croissant, applesauce	<b>Breakfast</b> Biscuit, applesauce, milk <b>Lunch</b> Hotdog on a Bun, tater tots, bananas, milk <b>P.M. Snack</b> Cottage cheese, pears	<b>Breakfast</b> Cereal, bananas, milk <b>Lunch</b> Chicken Enchiladas, green beans, applesauce, milk <b>P.M. Snack</b> Saltine crackers, Colby cheese slices
Day 13 (19)	Day 14 (20)	Day 15 (21)
<b>Breakfast</b> English muffin, apples, milk <b>Lunch</b> Corn dog, corn, bananas, milk <b>P.M. Snack</b> Tortilla, cheddar cheese	<b>Breakfast</b> Muffin, bananas, milk <b>Lunch</b> Beef Tacos (soft or hard shell), peas, apples, milk <b>P.M. Snack</b> Ramen noodles, milk	<b>Breakfast</b> Cereal, pears, milk <b>Lunch</b> Baked Chicken, croissant, French fries, pineapple, milk <b>P.M. Snack</b> Yogurt, toast
Day 16 (22)	Day 17 (25)	Day 18 (26)
<b>Breakfast</b> French toast sticks, pineapple, milk <b>Closing at NOON!!!</b>	<b>Merry Christmas!!!!</b> 	
Day 19 (27)	Day 20 (28)	Day 21 (29)
		
	<b>See ya'll in 2007!!!</b>	

Cereals served-Rice Krispies, Corn Flakes, Kix, Rice Chex, Corn Chex, Wheat Chex, Cheerios, Oatmeal

Cheese sticks served-mozzarella, cheddar, swirled

Yogurt served-Yoplait yogurt -flavors vary

Juice served-always 100%-orange juice, apple juice, grape juice

Recipe sources: <http://www.recipezaar.com/> <http://www.bhg.com/recipe/> <http://www.pammshouse.com/dcrecipes.html>

<http://stepbystepcc.com/menu2.html> [http://www.nal.usda.gov/childcare/Recipes/recipes\\_menus.html](http://www.nal.usda.gov/childcare/Recipes/recipes_menus.html)

Water is served throughout the day and upon request

Meal may be substituted with something different depending on availability of food when shopping or cooking project